

Department of Veterans Affairs

2501 W. 22nd Street

Sioux Falls, SD 57117-5046



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NEWS RELEASE

FOR FURTHER INFORMATION
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February 26, 2014

Women Veterans Wellness Retreat

The Sioux Falls VA Health Care System will host a Women Veterans Wellness Retreat Friday, February 28. This is last of three Heart Healthy Friday events the Sioux Falls VA Medical Center has held during February to bring awareness to Veterans about the risks for heart disease and stroke.

During the retreat, women Veterans will have the opportunity to learn how to better cope with stress, practice Pilates, participate in a cooking class, learn a craft, and enjoy a heart-healthy lunch.

This event is sponsored by the VA Women Veterans Program and Health Promotion Disease Prevention Team.

While registration has closed, we do invite the media to visit between 9:30 AM – 3:00 PM. Please call 605-333-6889 if you plan to attend.

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